



Pupil of the week:	<b>Frank</b> Coly Class	<b>Harriet</b> Otter Class	<b>Harriet</b> Yarty Class	<b>George</b> Axe Class
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Dear Parents

Congratulations to all of Year 6 – they have all worked so hard and have really given their absolute best in their official SATs tests this week. I would like to thank the rest of the school, especially Year 5, for their flexibility this week in helping to make the process as smooth as possible. Now we can get back to our normal routines which I am sure everyone will be pleased about. Years 2-5 will also be doing some formal assessments over the next couple of weeks but these will be carried out under general classroom practice and won't be disrupting everyday routines.

### WORKSHOPS

I have been very pleased with the outcomes of the 'Keeping Healthy' workshops that have been run by our Family Support Advisor, Gerry Fry.

She covered a whole range of topics with children from Year 4 to Year 6 and some very interesting points were made. Many children liked her analogy of their brains being like a computer that 'saves' overnight, and if you are not getting enough sleep then your brain can't 'save' the things you learnt that day. They were also surprised to hear that the average 10-year-old needs 10 hours of sleep a night and that any type of screen before bed overrides the sleep hormone, serotonin, thus upsetting natural sleep patterns.

She also discussed anxieties, and explained to them that anxieties are often exaggerated by an overload of information – children in current times are accessing more information in a day than their great-grandparents did in a year! This huge amount of information skews the perception of danger – for example, we hear about the few people being involved in various attacks nearly every day which can sound very alarming, but in reality, the rest of the country are all absolutely fine.

The final point she made was that we are all responsible for the mental well-being of our peers - we all need to look out for each other and support each other when we can. This is something that I have been basing some of my assemblies on lately: I have called them 'free-gifts' – the little things that we do for each other that don't cost us anything, but that make someone else feel good.

Gerry is employed by our federation and I would wholeheartedly recommend her services to anyone who wants any advice on a whole range of parenting issues. She is very easy to talk to and has some excellent ideas for many of the struggles parents face every single day. If you would like her details, there is a poster up in the main foyer, and in other parts of the school as well.

### CELEBRATION ASSEMBLY

The next celebration assembly will take place next Friday, 19<sup>th</sup> May at 2.30pm in the village hall, and will be led by Year 4 and 5. If you have any certificates or awards gained outside school then please do drop them in to the office between now and then, we welcome these opportunities to share the children's successes with their school friends and with parents.

### UNIFORM

We have many opportunities in this school for children to have non-uniform days: charity events; dressing up days; gold card reward; birthdays; end of term etc. At all other times, please adhere to the school uniform policy. Thank you.

### HELP REQUIRED

Mr Davis desperately needs an extra adult helper next Tuesday afternoon at Forest School – Monkton Wylde. Please see Mr Davis or Mrs Slade if you can help.

Lee White  
Head of School

# School Diary Dates

**Our forthcoming events and diary dates are on our website listed in the *School Diary* section.**  
Should your child be participating in a particular event or visit, then more specific details from your parent letter can be viewed online by clicking on the relevant event, this will then display the letter content.

<b>MAY</b>	
Tues 16 <sup>th</sup>	Yarty class Forest School – PACKED LUNCH
Tues 16 <sup>th</sup>	Y3-Y4 Mini Tennis League (team event) – 4.00pm to 5.00pm
Wed 17 <sup>th</sup>	Y6 Kwik Cricket (team event) – PACKED LUNCH
Thurs 18 <sup>th</sup>	Axe class Forest School – PACKED LUNCH
Fri 19 <sup>th</sup>	Y6 Canoe Day (specific group only) – PACKED LUNCH – parents to transport
Fri 19 <sup>th</sup>	Celebration Assembly 2.30pm – Y4 & Y5
Mon 22 <sup>nd</sup>	Y6 PE Academy workshop (existing academy pupils)
Tues 23 <sup>rd</sup>	Yarty class Forest School
Wed 24 <sup>th</sup>	Maypole dancing (Whole School) – 2.00pm in the playground
Thurs 25 <sup>th</sup>	Axe class Forest School
<b>Fri 26<sup>th</sup></b>	<b>NON-PUPIL DAY / OCCASSIONAL DAY</b>
<b>29<sup>TH</sup> MAY – 2<sup>ND</sup> JUNE INCLUSIVE</b>	
<b>HALF TERM</b>	
<b>JUNE</b>	
<b>Mon 5<sup>th</sup></b>	<b>NON-PUPIL DAY - Teacher Training Day</b>
Tues 6 <sup>th</sup>	Y5/Y6 Quad Kids Athletics Final (team event) – 4.00pm to 6.00pm, parents to transport
Thurs 8 <sup>th</sup>	Class Photographs
Fri 9 <sup>th</sup>	Y1/Y2 Federation Swim Gala (team event)
w/c 12 <sup>th</sup>	Y1 Phonics Screening
Tues 13 <sup>th</sup>	Y3/Y4 Quad Kids Athletics (team event) – 4.00pm to 6.00pm, parents to transport
Wed 14 <sup>th</sup>	Y6 Canoe Day (specific group only) - PACKED LUNCH – parents to transport
Thurs 15 <sup>th</sup>	Y5/Y6 Aquathlon Competition (team event) – 2.00pm to 4.00pm, parents to transport
Fri 16 <sup>th</sup>	Y5/Y6 Outdoor Activity Day – PACKED LUNCH
Fri 16 <sup>th</sup>	Axe class Donkey visit (selected pupils)
Tue 20 <sup>th</sup>	PTFA Bag2School Textile Fundraiser – drop off by 9.00am at the Baptist Church
<b>Wed 21<sup>st</sup></b>	<b>WOODROFFE Transition day for Y6 pupils</b>
<b>Wed 21<sup>st</sup></b>	<b>R-Y5 Transition morning</b>
Tue 27 <sup>th</sup>	Y4-Y6 Move – Make – Motivate (selected pupils) – Time TBC, parents to transport
<b>Wed 28<sup>th</sup></b>	<b>Axe Valley Community College Transition day for Y6 pupils</b>
<b>Wed 28<sup>th</sup></b>	<b>Colyton Grammar Transition day for Y6 pupils</b>
Fri 30 <sup>th</sup>	Axe class – Federation EYFS Sports day – PACKED LUNCH
<b>JULY</b>	
w/c Mon 3 <sup>rd</sup>	Dads & Grandads in school week
Wed 5 <sup>th</sup>	Y6 Life Skills – PACKED LUNCH / Parents to collect
Wed 5 <sup>th</sup>	Y5 Play Leader Training – PACKED LUNCH
Fri 7 <sup>th</sup>	Axe class Donkey visit (selected pupils)
<b>MON 10<sup>TH</sup></b>	<b>AFTER SCHOOL CLUBS FINAL WEEK</b>
Tues 11 <sup>TH</sup>	Y5/Y6 Festival – PACKED LUNCH
Wed 12 <sup>th</sup>	Y6 PE Academy Activities Day (existing academy pupils) – PACKED LUNCH
Fri 14 <sup>th</sup>	Y5/Y6 Federation Sports Day (team event)
Fri 21 <sup>st</sup>	Axe class Donkey visit (selected pupils)
Tues 25 <sup>th</sup>	Y6 Leavers Assembly 1.45pm (Village Hall) Tea Party 2.30pm
Wed 26 <sup>th</sup>	Last day of term

## SAINSBURYS ACTIVE KIDS

You can no longer collect vouchers from Sainsbury's, but if you have any vouchers still to donate, please drop them in to school before 30 June.  
Thank you!

Sainsbury's





# Axminster Gymnastics Club

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